

D. D. Mara <sup>1</sup>

## **Septic tanks, baffled facultative ponds and aerated rock filters: a high-efficiency low-cost wastewater treatment system for small communities up to ~500 p.e.**

### **ABSTRACT**

A low-cost high-efficiency wastewater treatment system for small communities up to ~500 p.e. is described. The treatment process comprises a septic tank, a secondary facultative waste stabilization pond and an aerated rock filter. For a wastewater flow of 200 litres per p.e. per day and a BOD contribution of 50 g per p.e. per day the expected final effluent quality is ~5 mg BOD, ~5 mg SS and ~4 mg ammonia-N per litre. The overall land area requirement is ~6 m<sup>2</sup> per p.e., although in southern Europe it would be less (~5 m<sup>2</sup> per p.e.). The cost of such a WWTP in the UK, including the cost of the land, is around GBP 375 (approx. EUR 600) per p.e.

**KEYWORDS:** Aeration; Baffles; Facultative ponds; Rock filters; Septic tanks; Small communities; Waste stabilization ponds; Wastewater treatment

### **INTRODUCTION**

Wastewater treatment for small communities of a few hundred people is often both expensive and problematic. Natural treatment systems, such as waste stabilization ponds (WSP) and constructed wetlands (CW), which use little or no electrical energy are generally more appropriate than energy-intensive processes, such as activated sludge, as they are cheaper to construct, operate and maintain (Tables 1 and 2) and they also have the additional advantage of requiring the removal of well-mineralised excess sludge only intermittently.

The purpose of this short technical note is to draw together the results of recent research into WSP and rock filters to provide a coherent set of recommendations for the design of a low-cost high-performance natural wastewater treatment plant (WWTP) serving up to ~500 p.e. There are many communities of below this size in Europe and many of these have no (or inadequate) wastewater treatment facilities.

---

<sup>1</sup> School of Civil Engineering, University of Leeds, Leeds LS2 9JT, UK. E-mail: d.d.mara@leeds.ac.uk.

## THE PROPOSED TREATMENT SYSTEM

The WWTP proposed for up to ~500 p.e. comprises a septic tank, a baffled secondary facultative pond and an aerated rock filter. If the local environmental regulator does not specify an effluent standard for ammonia-nitrogen, then the rock filter need not be aerated.

**Table 1:** Capital and O&M costs of various wastewater treatment processes for a population of 1000 in France in 1996 [2]

Treatment process	Capital costs (FFR p.e. <sup>-1</sup> ) <sup>a</sup>	O&M costs (FFR p.e. <sup>-1</sup> year <sup>-1</sup> ) <sup>a</sup>
Activated sludge	1490	75
Trickling filter	1165	45
Rotating biological contactor	1420	45
Aerated lagoon	835	40
Vertical-flow CW <sup>b</sup>	1250	35
Waste stabilization ponds	765	30

<sup>a</sup> Average exchange rates in 1996: FFR 1 = 0.16 ecu = GBP 0.12 [19].

<sup>b</sup> Two-stage vertical-flow constructed wetland receiving raw wastewater.

**Table 2:** Capital and O&M costs of various wastewater treatment processes for a population of 500 in Germany in 1996 [6]

Treatment process	Capital costs (DEM per person) <sup>a</sup>	O&M costs (DEM per m <sup>3</sup> ) <sup>a</sup>
Activated sludge	2,000	2.00
Trickling filter	1,500	1.70
Aerated lagoon	1,200	1.70
Horizontal-flow CW	1,500	1.30
Vertical-flow CW	1,200	1.50
Waste stabilization ponds	700	1.20

<sup>a</sup> Average exchange rates in 1996: DEM 1 = GBP 0.43 = 0.53 ecu [19].

**Septic tank**

Primary treatment in a septic tank is both efficient, with ~40 percent BOD removal and ~60 percent suspended solids (SS) removal, and inexpensive. The technology is well understood and sludge removal at approximately yearly intervals is straightforward. In the UK prefabricated cylindrical septic tanks are available in sizes up to 72,000 litres.<sup>2</sup> These will serve different populations depending on national septic tank codes. For example, the UK code [4] gives the following design recommendation for the volume of a septic tank ( $V$ , litres) depending on the population or population-equivalents (p.e.) served ( $P$ ):

$$V = 180P + 2000 \quad (1)$$

Equation 1 assumes that the wastewater production is 180 L p.e.<sup>-1</sup> d<sup>-1</sup>. However, British Water [5] now recommend a design value of 200 L p.e.<sup>-1</sup> d<sup>-1</sup>, so equation 1 can be rewritten and rearranged as follows:

$$P = \frac{V - 2000}{200} \quad (2)$$

Thus a 72,000-litre septic tank followed by one of 36,000 litres (i.e., effectively a two-compartment septic tank, with the first compartment having twice the volume of the second compartment, as recommended in most septic tank codes) can serve a population of:

$$P = \frac{(72\,000 + 36\,000) - 2000}{200} = 530 - \text{say, } 500$$

**Baffled facultative pond**

Facultative ponds are designed on the basis of a surface BOD loading rate ( $\lambda_s$ , kg ha<sup>-1</sup> d<sup>-1</sup>), the design value for which is a function of temperature ( $T$ , °C), usually taken as the mean temperature of the coldest month, as follows [12]:

$$\lambda_s = 350(1.107 - 0.002T)^{T-25} \quad (3)$$

For design temperatures of  $\leq 8^\circ\text{C}$  a value of  $\lambda_s$  of 80 kg ha<sup>-1</sup> d<sup>-1</sup> is used [1, 7, 13]. The mid-depth area of the pond ( $A$ , m<sup>2</sup> p.e.<sup>-1</sup>) is given by:

$$A = \frac{10C_{\text{BOD}}}{\lambda_s} \quad (4)$$

where  $C_{\text{BOD}}$  is the BOD contribution in g p.e.<sup>-1</sup> d<sup>-1</sup>. Thus in northern Europe, assuming a BOD contribution of 50 g p.e.<sup>-1</sup> d<sup>-1</sup> and 40 percent BOD removal in the septic tank, the mid-depth area of a secondary facultative pond is given by:

<sup>2</sup>Titan Pollution Control, West Portway, Andover, Hampshire SP10 3LF, UK ([www.titanpc.co.uk](http://www.titanpc.co.uk)).

$$A = \frac{10(0.6 \times 50)}{80} = 3.75 \text{ m}^2 \text{ p.e.}^{-1}$$

Despite the definition in the Urban Waste Water Treatment Directive [8] of 1 p.e. as 60 g BOD p.e.<sup>-1</sup> d<sup>-1</sup>, a BOD contribution of 50 g p.e.<sup>-1</sup> d<sup>-1</sup> is actually conservative for small communities. In rural France, for example, it has been found to be 35–40 g p.e.<sup>-1</sup> d<sup>-1</sup> [22].

Baffling the pond with two or four baffles, each with a length equal to 70 percent of the pond width, improves pond performance considerably [3, 24], so at least two baffles should be provided.

### **Aerated rock filter**

Rock filters have been used to ‘polish’ maturation pond effluents in the United States for over 30 years [17, 18, 20, 23, 25]. Rock filters should be considered an integral part of a WSP system, just as secondary sedimentation tanks are considered an integral part of an activated sludge system, since they both serve the same purpose: the removal of biomass produced in the preceding biological treatment stage (bacteria in the case of activated sludge and algae in the case of WSP).

BOD and SS removals in rock filters are good and related to the hydraulic loading rate on the filters (HLR, m<sup>3</sup> of pond effluent per m<sup>3</sup> of rock filter volume per day – i.e., d<sup>-1</sup>), as follows (based on the data in [23]):

$$R_{\text{BOD}} = 72 - 109(\text{HLR}) \quad (5)$$

$$R_{\text{SS}} = 97 - 137(\text{HLR}) \quad (6)$$

where  $R_{\text{BOD}}$  and  $R_{\text{SS}}$  are mean percentage removals of BOD and SS, respectively. However, ammonia removal is essentially zero as the rock filters rapidly become anoxic. To permit ammonia removal by nitrification Mara & Johnson [16] developed an aerated rock filter to polish the effluent from a primary facultative pond (rather than a maturation pond) in the UK; the HLR on the filter was 0.3 d<sup>-1</sup> (equivalent, for a wastewater depth in the filter of 0.6 m, to 1 m<sup>2</sup> p.e.<sup>-1</sup>). Aeration achieved good removal of ammonia-N (>50% vs. ~15–50% in the unaerated filter), and also significantly improved BOD and SS removals (>75% and >80%, respectively, vs. 0–75% and 25–80% in an unaerated rock filter; equations 5 and 6 predict 40% and 56%, respectively, for the latter operated at an HLR of 0.3 d<sup>-1</sup>). Subsequent work [10, 11, 14, 15] has demonstrated that aerated rock filters outperform subsurface horizontal-flow CW and maturation ponds in terms of BOD, SS and ammonia-N removals in both winter and summer.

The expected mean effluent quality from the aerated rock filter is ~5 mg BOD, ~5 mg SS and ~4 mg ammonia-N L<sup>-1</sup>, so that the proposed system is able to comply with an effluent quality requirement of ≤10 mg BOD, ≤15 mg SS and ≤5 mg ammonia-N L<sup>-1</sup>, which has been set in England, for example, by the environmental regulator, the Environment Agency, for some small WWTP [9]. It also complies with the D4 requirement in France [2].

**Footprint**

The 72,000-litre and the 36,000-litre septic tanks are 15 and 8 m long, respectively, and both have a diameter of 3 m, so they occupy an area of  $\sim 70 \text{ m}^2$  – i.e.,  $0.14 \text{ m}^2 \text{ p.e.}^{-1}$ . The areas of the secondary facultative pond area and the rock filter are  $3.75$  and  $1 \text{ m}^2 \text{ p.e.}^{-1}$ , respectively. Thus the total area is  $4.9 \text{ m}^2 \text{ p.e.}^{-1}$ . Allowing for space between the reactors, the pond embankments and access, the overall land area requirement for this WWTP for 500 p.e. is  $\sim 3000 \text{ m}^2$  ( $\sim 6 \text{ m}^2 \text{ p.e.}^{-1}$ ). In southern Europe, where winter temperatures are higher and correspondingly higher BOD loadings can be applied to the facultative pond, the area will be slightly less – for example, in Cyprus the mean temperature of the coldest month is  $11^\circ\text{C}$ , so a loading of  $110 \text{ kg BOD ha}^{-1} \text{ d}^{-1}$  would be used and the area would be  $2.73 \text{ m}^2 \text{ p.e.}^{-1}$ ; thus the overall area of the whole WWTP for 500 p.e. would be  $\sim 2500 \text{ m}^2$  ( $\sim 5 \text{ m}^2 \text{ p.e.}^{-1}$ ).

**Costs**

Land costs are low – for example, in the UK the cost of ‘bareland’ (i.e., farmland with no buildings on it) is around GBP 7500 (approx. EUR 12,000)  $\text{ha}^{-1}$ , so the land cost for the WWTP ( $6 \text{ m}^2 \text{ p.e.}^{-1}$ ) is only GBP 4.50 (approx. EUR 7.20)  $\text{p.e.}^{-1}$  [21]. The UK cost of the two-tank (76,000 and 36,000 L) septic tank system, including delivery and installation, for a village of  $\sim 500$  people is around GBP 75 (approx. EUR 120)  $\text{p.e.}^{-1}$  [13]. The construction cost of a secondary facultative pond and an aerated rock filter in the UK is around GBP 300 (approx. EUR 480)  $\text{p.e.}^{-1}$  [14]. Thus the total cost of the WWTP is around GBP 375 (approx. EUR 600)  $\text{p.e.}^{-1}$ .

**CONCLUSIONS**

The wastewater from small communities of up to  $\sim 500$  p.e. can be treated to a high standard at low cost by using a treatment system comprising a septic tank, a baffled secondary facultative pond and an aerated rock filter. The overall land area requirement is  $\sim 6 \text{ m}^2 \text{ p.e.}^{-1}$ .

Aeration of the rock filter permits the removal of ammonia-nitrogen by nitrification, but it uses electrical energy and so increases operational costs. However, much less land is needed than would be required for maturation ponds ( $5 \text{ m}^2 \text{ p.e.}^{-1}$  in France [7]), and the process works well both in summer and in winter [16]; so it is likely in most circumstances to be a price worth paying. Aeration is not required if the local environmental regulator does not set a standard for effluent ammonia.

**REFERENCES**

- [1] Abis, K. and Mara, D. D. (2004) The performance of pilot-scale primary facultative waste stabilization ponds in the UK. *Journal of the Chartered Institution of Water and Environmental Management*, Vol. 18, No. 2, pp. 107–111.
- [2] Alexandre, O., Boutin, C., Duchène, P., Lagrange, C., Lakel, A., Liénard, A. and Ortiz, D. (1997) *Filières d’Epuración Adaptées aux Petites Collectivités (FNDAE Technical Document No. 22)*. Paris: Ministère de l’Agriculture et de la Pêche.
- [3] Banda, C. G., Sleigh, P. A. and Mara, D. D. (2006) 3D-CFD modelling of *E. coli* removal in baffled primary facultative ponds: classical design optimization. Paper presented at the 7th IWA International Conference on Waste Stabilization Ponds, Bangkok, 25–27 September.
- [4] BSI (1983) *Code of Practice for Design and Installation of Small Sewage Treatment Works and Cesspools (BS6297:1983)*. London: British Standards Institute.
- [5] British Water (2005) *Flows and Loads – 2: Sizing Criteria, Treatment Capacity for Small Wastewater Treatment Systems (Package Plants) (Code of Practice No. BW COP 01/05, revised edition)*. London: British Water.
- [6] Burka, U. (1996) Personal communication.
- [7] Cemagref and Agences de l’Eau (1997) *Le Lagunage Naturel: Les Leçons Tirées de 15 Ans de Pratique en France*. Lyon: Centre National du Machinisme Agricole, du Génie Rural, des Eaux et des Forêts.
- [8] Council of the European Communities (1991) Council Directive 91/271/EEC of 21 May 1991 concerning urban waste water treatment. *Official Journal of the European Communities*, No. L135, pp. 40–52 (30 May).
- [9] Griffin, P. (2003) Ten years experience of treating all flows from combined sewerage systems using package plant and constructed wetland combinations. *Water Science and Technology*, Vol. 48, No. 11–12, pp. 93–99.
- [10] Johnson, M. L. and Mara, D. D. (2007) Ammonia removal from facultative pond effluents in a constructed wetland and an aerated rock filter: performance comparison in winter and summer. *Water Environment Research*, Vol. 79 (in press).
- [11] Johnson, M. L., Camargo Valero, M. A. and Mara, D. D. (2006) Maturation ponds, rock filters and reedbeds in the UK: statistical analysis of winter performance. Paper presented at the 7th IWA International Conference on Waste Stabilization Ponds, Bangkok, 25–27 September.
- [12] Mara, D. D. (1987) Waste stabilization ponds: problems and controversies. *Water Quality International*, No. 1, pp. 20–22.

- [13] Mara, D. D. (2006) *Manual of Best Practice: Natural Wastewater Treatment*. London: Chartered Institution of Water and Environmental Management.
- [14] Mara, D. D. (2006) Constructed wetlands and waste stabilization ponds for small rural communities in the United Kingdom: a comparison of land area requirements, performance and costs. *Environmental Technology*, Vol. 27, No. 4, pp. 573–757.
- [15] Mara, D. D. (2006) Constructed wetlands are not a viable alternative or addition to waste stabilization ponds. Paper presented at the 7th IWA International Conference on Waste Stabilization Ponds, Bangkok, 25–27 September.
- [16] Mara, D. D. and Johnson, M. L. (2006) Aerated rock filters for enhanced ammonia and fecal coliform removal from facultative pond effluents. *Journal of Environmental Engineering, American Society of Civil Engineers*, Vol. 132, No 4, pp. 574–577.
- [17] Middlebrooks, E. J. (1988) Review of rock filters for the upgrade of lagoon effluents. *Journal of the Water Pollution Control Federation*, Vol. 60, No. 9, pp. 1657–1662.
- [18] Middlebrooks, E. J. (1995). Upgrading pond effluents: an overview. *Water Science and Technology*, Vol. 31, No. 12, pp. 353–368.
- [19] OANDA (2006) FXHistory: historical currency exchange rates. Available at [www.oanda.com/convert/fxhistory](http://www.oanda.com/convert/fxhistory).
- [20] O'Brien, W. J., McKinney, R. E., Turvey, M. D. and Martin, D. M. (1973) Two methods for algae removal from wastewater stabilization ponds. *Water and Sewage Works Journal*, Vol. 120, No. 3, pp. 66–73.
- [21] RICS (2006) RICS Rural Land Market Survey: Great Britain, 2nd Quarter 2006. London: Royal Institution of Chartered Surveyors.
- [22] Pujol, R. and Liénard, A. (1990) Qualitative and quantitative characterization of waste water for small communities. *Water Science and Technology*, Vol. 22, No. 3–4, pp. 253–260.
- [23] Swanson, G. R. and Williamson, K. J. (1980) Upgrading lagoon effluents with rock filters. *Journal of the Environmental Engineering Division, American Society of Civil Engineers*, Vol. 106, No EE6, pp. 1111–1129.
- [24] Shilton, A. N. and Harrison, J. (2003) *Guidelines for the Hydraulic Design of Waste Stabilization Ponds*. Palmerston North, New Zealand: Massey University.
- [25] US EPA (2002) *Rock Media Polishing Filter for Lagoons (Wastewater Technology Fact Sheet No. EPA 832-F-02-023)*. Washington, DC: Office of Water, US Environmental Protection Agency.