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U.S. Department of Energy - Energy Efficiency and Renewable Energy Energy Savers

Lighting and Daylighting

The quantity and quality of light around us determine how well we see, work, and play. Light affects our health, safety, morale, comfort, and productivity. In your home, you can save energy while still maintaining good light quantity and quality.

Lighting >

Learn how to reduce artificial lighting energy use while maintaining its quality and quantity.

Daylighting >

Maximize the use of natural daylight in your home to further reduce the need for artificial lighting.

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